



	DAY 1	DAY 1	DAY 1	DAY 1	DAY 1	DAY 1	DAY 1
8:00	REGISTRATION/PRE-TEST				Course Objectives		
					<i>At the conclusion of each lesson, participants will be able to:</i>		
8:30	Burden of Asthma				<ol style="list-style-type: none"> 1. Define asthma 2. Explain the burden of asthma 3. Understand medical terminology 4. Apply evidence-based best practices for education 		
9:00	Education Principles for a Partnership in Asthma Care				<ol style="list-style-type: none"> 1. Identify barriers to learning 2. Describe current educational concepts 3. Apply different styles of learning and age-appropriate teaching and learning strategies, including effective communication skills 4. Develop appropriate educational materials 5. Practice health literacy 		
15-MINUTE BREAK AT 10:15							
10:30	Asthma Overview				<ol style="list-style-type: none"> 1. Define asthma 2. Describe asthma pathophysiology 3. Understand the role of inflammation 4. Provide examples of asthma triggers 5. Recognize asthma symptoms 6. Identify impairment and risk domains 		
11:15	Factors Contributing to Asthma Exacerbations <i>Slot Filled</i>				<ol style="list-style-type: none"> 1. Name allergens 2. Name irritants 3. Describe risks at school, work, and outdoor environments 4. List other contributing factors 5. Explain exercise-induced bronchospasm 6. Recognize co-morbid conditions 		
ONE HOUR LUNCH AT 12:15							
1:15	Patient & Family Assessment/ Case Studies <i>Slot Filled</i>				<ol style="list-style-type: none"> 1. Explain the assessment and diagnosis of asthma 2. Demonstrate how to collect a medical history by interviewing the individual with asthma 3. Explain the use of other objective measures, including radiology studies, spirometry, peak flow monitoring, ABG/oxygen saturation, and allergy testing 4. Assess asthma control 5. Recognize when to refer to a specialist 		
10-MINUTE BREAK AT 3:00							
3:10	Barriers to Adherence & Compliance: Behavioral, Cultural & Other Challenges				<ol style="list-style-type: none"> 1. Assess the needs and identify issues that contribute/ inhibit asthma management, including: educational, socioeconomic, psychological, cultural, behavioral and environmental factors. 2. Identify strategies to address these barriers 3. Assess the needs and identify issues that contribute/ inhibit asthma management, including: educational, socioeconomic, psychological, cultural, behavioral and environmental factors. 4. Identify strategies to address these barriers 		
4:20	WRAP-UP						



	DAY 2	DAY 2	DAY 2	DAY 2	DAY 2	DAY 2	DAY 2
8:20	WELCOME/REVIEW OF THE DAY				Course Objectives		
					At the conclusion of each lesson, participants will be able to:		
8:30	Asthma Management: Pharmacological Therapy				<ol style="list-style-type: none"> 1. Explain asthma classification schemes 2. Understand the stepwise approach to asthma therapy 3. List asthma medications and delivery devices 4. Recognize new, complementary and alternative therapies 		
15-MINUTE BREAK AT 10:00							
10:15	Asthma Medicine Devices & Demonstration				<ol style="list-style-type: none"> 1. Explain the use of all medication delivery devices 2. Demonstrate the use of spacing devices 3. Demonstrate relaxation exercises, belly breathing and pursed lip breathing 4. Demonstrate the use of peak flow meters 		
ONE HOUR LUNCH AT 12:00							
1:00	Asthma Action Plan: Management Plan Development & Case Studies <i>Slot Filled</i>				<ol style="list-style-type: none"> 1. Identify the components of an Asthma Action Plans and asthma diaries 2. Complete an Asthma Action Plan 3. Monitor the effectiveness of Asthma Action Plans and steps to revise them 4. Teach patients to use their Asthma Action Plan 		
15-MINUTE BREAK AT 2:30							
2:45	Your Role As an Asthma Educator: Professional Issues/Professional Practices <i>Slot Filled</i>				<ol style="list-style-type: none"> 1. Conduct a health education evaluation 2. Make referrals 3. Utilize professional networking 		
3:15	Exam Preparation				<ol style="list-style-type: none"> 1. Determine eligibility to sit for the NAECB exam 2. List the NAECB exam logistical details 3. Identify NAECB exam categories 4. Recognize the anatomy of NAECB exam questions 5. Apply test taking tips 6. Use CPT Codes and Reimbursement 		
4:00	POST-TEST/COURSE EVALUATION						

The American Lung Association's Asthma Educator Institute is taught by American Lung Association volunteers, such as: AE-Cs, RNs, RTs, PharmDs, Allergists, Pulmonologists, or MDs. If you are interested in becoming a presenter for this course or if you are interested in hosting an Asthma Educator Institute for your organization, please contact your local office by dialing (251) 457-3008.